

Support for method and use of Taperingstrips

The method and use of Taperingstrips has been widely accepted by professors and psychiatrist in the Netherlands. In 2013 the developer dr. Peter C. Groot and general practitioner (GP) Jan van Ingen Schenau published an article in the **Journal of Psychiatry** (55, 789-794, 2013; www.bit.ly/3sqm5e2) which received support from the *Consensus Group on Tapering*, which consisted of 20 psychiatrists, 18 of whom were professors. In the article all members of the Consensus Group on Tapering are mentioned.

Hereunder the members of the Tapering Consensus Group are mentioned:

NOTE

¹ On behalf of the Consensus Group on Tapering, which consists of the author and the following individuals (in alphabetical order): Baer Arts, psychiatrist, Maastricht UMC; Ton van Balkom, psychiatrist and professor of evidence-based psychiatry, dept. Psychiatry and EMGO Institute, VUmc and GGZ inGeest, Amsterdam; Aartjan Beekman, professor of psychiatry, research service GGZ inGeest/dept. psychiatry, VUmc, Amsterdam; Marc Blom, psychiatrist, healthcare director and executive, PsyQ; Tom Birkenhäger, psychiatrist, Erasmus MC Rotterdam; Bert M. van Hemert, professor of psychiatry, LUMC, Leiden; Witte J. Hoogendijk, professor of psychiatry, Erasmus MC Rotterdam; Jan van Ingen Schenau, physician, compiler of "*Silhouet literatuurservice angst en depressie*", Eerste Exloërmond; René S. Kahn, professor of psychiatry, UMC Utrecht; Ralph Kupka, professor of bipolar disorders, VUmc, and psychiatrist, GGZ inGeest and Altrecht GGZ; Roos C. van der Mast, professor of geriatric psychiatry/trainer in psychiatry, LUMC, Leiden; Willem A. Nolen, professor emeritus of Psychiatry and Emotional Disorders, dept. Psychiatry, UMC Groningen; Jim van Os, professor of Psychiatric epidemiology, Maastricht UMC; Frenk Peeters, psychiatrist, Maastricht UMC and Riagg, Maastricht; Eric Ruhé, psychiatrist-epidemiologist, dept. Mood and Anxiety Disorders, UMC Groningen and Healthcare Programme on Mood Disorders, dept. Psychiatry, AMC Amsterdam; Aart Schene, professor of psychiatry, Healthcare Programme on Mood Disorders, dept. Psychiatry, AMC, University of Amsterdam; Floor Scheepers, Department Head, dept. Psychiatry, UMC Utrecht; Robert Schoevers, professor of psychiatry and Department Head, UMC Groningen; Anne Speckens, professor of psychiatry, UMC St Radboud, Nijmegen; Jan Spijker, professor of Chronic Depression, UMC St Radboud, Nijmegen, psychiatrist, Pro Persona, Nijmegen and Trimbos Institute, Utrecht; Jan Swinkels, psychiatrist and professor of Clinical Guideline Development, AMC, Amsterdam; Ton Vergouwen, psychiatrist and trainer in psychiatry, Sint Lucas Andreas Hospital, Amsterdam; Frank C. Verhulst, professor of Child and Adolescent Psychiatry, Erasmus MC-Sophia, dept. Child and Adolescent Psychiatry and Psychology, Rotterdam.